

Anna Rún Tryggvadóttir (1980)

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EDUCATION

- 2014** **MFA Concordia University Montreal Canada**
- 2006-2008 *120 ECT University of Iceland, Art Theory & Philosophy*
- 2004** **BA Icelandic Art University**
- 2003 *ERASMUS exchange student at HFBK í Hamburg, two semesters.*

SOLO SHOWS

- 2025 **HALD**
Till Richter Museum, Schloss Buggenhagen, DE
- 2024 **Multipolar**
National Gallery of Iceland
- 2022 **Chromatic**
Gallery Gudmundsdottir Berlin Germany
- 2022 **Temple Of Materialised Histories**
Staatstheater Kassel Germany as part of: Temple Of Alternative Histories.
- 2022 **Temple Of Alternative Histories**
Interdisciplinary project at the Staatstheater Kassel, Artistic Directors
Anna Rún Tryggvadóttir | Þorleifur Örn Arnarsson | Cassandra Edlefsen Lasch
in collaboration with the Staatstheater Kassel, University of Kassel and Scientists
for Future Kassel.
- 2022 **Three Norths**
Gallery Gudmundsdottir Berlin Germany
- 2020 **An Ode -poriferal phases**
Kunstlerhaus Bethanien, Berlin Germany | Curator | Birta Gudjonsdottir

- 2017 **Garden**
Reykjavik Art Museum | Curator | Edda Halldórsdóttir
- 2016 **Perspective - seeking form**
Gallery Gróttu, Reykjavík Íslandi
- 2016 **Matter in Motion**
Hverfisgalleri, Reykjavík Iceland | Curator v Aldís Snorradóttir
- 2015 **Internal**
ASÍ Muuseum, Reykjavík Iceland.
- 2014 **Render & React -approaching a subconscious sensory system**
THE MAI, Montreal Arts Intercultural, Montreal Kanada

GROUP SHOWS

- 2024 **Floating Fixed Points**
Avesta Art Sweeden | Curator | Charlotte Wells
- 2024 **Garden -strata**
Sudhaus - Salzkammergut Austria | Curator | Gottfried Hattinger
- 2023 **Abundance**
Tendenser Biennale Moss Noregi | Curator | Ki Nurmenniemi
- 2022 **high tide - low tide**
Hafnarborg Museum | Curator | Sigrún Alba Sigurðardóttir
- 2021 **Dialogue**
Kanye&Kage Art Space, Berlin Germany
| Curator | Sabine Bärenklau
- 2021 **Rohkunstbau**
Schloss Lieberose Spreewald Germany | Curator | Heike Fuhlbrügge
- 2021 **Iðavöllur**
Reykjavík Art Museum | Curators | Aldís Snorradóttir |
Markús Þór Andrússon | Ólöf Kristín Sigurðardóttir
- 2021 **TIME MATTER REMAINS**
Nordic House Iceland | Curator | Arnbjörg María Daníelsen
- 2020 **Searching For The Shapes Within**
Person Projects, Berlin Germany.

- 2020 **VISTA POINT. RE-CONNECTING NATURE**
Kunstverein Potsdam Germany | Curator| Birgit Möckel
- 2019 **Pavillion Nordico**
Buenos Aires, Argentina | Curator | Gudny Gudmundsdottir
- 2019 **Earth-bodies**
Geological Museum UNAM, Mexico city Mexico
| Curators | Jonatan Habib Enqvist & Gabriel Mestre
- 2019 **Grýla**
Nordic House Iceland | Curator | Arnbjörg María Daníelsen
- 2018 **Hringvellir | Thingvellir Turning**
Inclusive Nation, Þingvellir National Park & Gerðarsafn Museum Iceland | Curators
| Guðny Guðmundsdóttir | Jonatan Habib Enqvist | Sara Öldudóttir
- 2018 **Turning Points**
Cryptopian States, Cycle Music & Art Festival, Berlin, Germany
| Curators | Guðny Guðmundsdóttir | Jonatan Habib Enqvist | Sara Öldudóttir
- 2017 **Ensnare**
Disko Arts Festival Greenland | Curator | Arnbjörg María Daníelssen
- 2016 **Traces of Water**
Hafnarborg Museum | Curators | Ágústa Kristófersdóttir
& Birgir Snæbjörn Birgisson

PUBLIC ART WORK

- 2024 **How To Breath Rock -Meditation Through Matter**
A Public Art Work for the UIS Energy Center Stavanger Norway.
Audio work 23:47 minutes long | Commissioned by KORO

RESIDENCIES

- 2019 | 2020 **Kunstlerhaus Bethanien Berlin**
Artist in residence
- 2016 **Banff Canada**
The Art of Stillness

GRANTS AND PRICES

- 2021 **Guðmunda Art Fund**
Reykjavík Art Museum | The Icelandic National Gallery
Akureyri Art Museum
- 2012 **G. Andrésdóttur Art Fund**
Listasafn Íslands
- 2011 **Concordia University International Tuition Award 2009-2011**
Concordia University Montreal Canada

ARTIST TALKS

- 2024 **Multipolar**
National Museum of Iceland
- 2023 **Abundance Symposium Gallery F15 Moss Norway**
Gallery F15 Moss Norway, Tendencies Biennial.
- 2022 **Time Matter Remains Trouble**
Nordic House Iceland
<https://exhibitions.nordichouse.is/exhibitions/time-matter-remains-trouble/artists/anna-run-tryggvadottir>
- 2021 **Artist Talk,**
Kunstlerhaus Bethanien, Icelandic Art Center.
<https://vimeo.com/535606497>
- 2019 **Textil Conference Borås Sweden**
<https://www.fiberartsweden.nu/event/seminarie/textile-art-conference-berattelser-om-stories-about-konferens>

ÚTGEFIÐ EFNI OG VIÐTÖL, í myndlistarsamhengi.

Sudhaus, Art with Salt and Water Verlag Bibliothek der Province

Abundance, Tendenser Biennale, Galleri F15 Moss Norway.

Myndlist á Íslandi, grein eftir Jane Wilkinson

IÐAVÖLLUR : ÍSLENSK MYNDLIST Á 21. ÖLD. Listasafn Reykjavíkur 2021. Útgáfa í tilefni sýningarinnar Iðvöllur, í LR.

Anna Rún Tryggvadóttir / Interaction and Unity: Or, The Process of Applying Paint to a Surface.
Akvarellen 3/20, by Jón B.K. Ransu

An Ode – poriferal phases. Federica Buetti, BE27 2020 Kunstlerhaus Bethanien Magazine.

Hin náttúrulegu og manngerðu tilvistarstig svampa. Hulda Rós Guðnadóttir. Artzine 02.2020
<https://artzine.is/hin-natturulegu-og-manngerdu-tilvistarstig-svampa/>

Gravitating Nature by Anna Rún Tryggvadóttir. Coeure et art 2019
<https://coeuretart.com/anna-tryggvadottir-nature-gravity/>

Naturen som det ultimate Gesamtkunstwerk.
Kunstformum Norway no 01. 2019. Maria Veie Sandvik.

Garður Önnu Rúnar í Hafnarhúsinu. Andri Snær Magnason. Artzine 01.2018
<https://artzine.is/gardur-onnu-runar-hafnarhusinu/>

Human Nature : An interview with Anna Rún Tryggvadóttir. 05.02.2018. Berlin Art Link
<https://www.berlinartlink.com/2018/02/05/interview-human-nature-an-interview-with-anna-run-tryggvadottir/>

A Group Exhibition in Iceland Trades Local Character for International Appeal. Hyperallergic
<https://hyperallergic.com/682555/a-group-exhibition-in-iceland-trades-local-character-for-international-appeal/>

CYCLE MUSIC AND ART FESTIVAL. Wendy Vogel
<https://www.artnews.com/art-in-america/aia-reviews/cycle-music-art-festival-62614/>

DISTORTED LANDSCAPES, GEOLOGICAL GLITCHES BETWEEN LAND, NATION AND CITIZEN. Frida Sandström
https://paletten.net/artiklar/distorted-landscapes?fbclid=IwAR2aAWIurA0fdLsJ5ftie8YK0spF5ngz3sUyFD30OV_F3eGBYvOCKIIVMaQ

LÆKNABLAÐIÐ 2015/101 listamaður mánaðarins, Markús Þór Andrésson.

(b. 1980, Reykjavík) is an Icelandic artist based in Reykjavík and Berlin. Her multidisciplinary practice spans kinetic installations, material performances, photography, drawing, and film.

Tryggvadóttir explores the dynamic agency of matter by engaging with natural phenomena. Her work examines the geomagnetic field's influence on mineral structures, the life cycles of dying trees, the chromatography of pigments, and the movement of salt. She investigates the physical, chemical, and biological forces that shape these phenomena, making them central to her art. This approach subverts traditional distinctions between artist and "inanimate" media, reframing the relationship between humans and the material world as inherently mutable and interconnected.

Through her practice, Tryggvadóttir seeks to dismantle conceptual rigidity, emphasizing processes that unfold in time and space. Her aesthetic centers on creating conditions for natural, material processes to develop and be experienced aesthetically, provoking shifts in perspective on our relationship to the world and our place within it.

Her work challenges normative boundaries and embraces fluidity and interdependence. By highlighting the active agency of natural phenomena and the mutable nature of our surroundings, Tryggvadóttir invites viewers to reconsider their interactions with the environment. Her art fosters a sense of ecological kinship and solidarity, encouraging us to transcend binary distinctions and celebrate the diversity and interconnectedness of all life forms.